

Week One Menu

Served weeks commencing:



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Fish Fingers Served with Chips Beans, Peas & Tomato Ketchup	Chicken Curry Served with rice & warm Baguette Sweetcorn & Broccoli	Roast Chicken Served with Roast Potatoes, Green Beans, Carrots & Gravy	Pork Sausages Served with Mash, Sweetcorn, Cauliflower & Gravy	Beef Mince Pasta Served with Sweetcorn & Broccoli
VEGETARIAN	Vegetable Curry Served with Rice Or Chips Carrots & Peas	Macaroni Cheese Served Warm Baguette Sweetcorn & Broccoli	Roast Quorn Fillet with Roast Potatoes, Green Beans, Carrots & Gravy	Vegetarian Sausage Served with Sweetcorn, Cauliflower & Gravy	Cheese & Tomato Pizza Served with Diced Potato, Carrots & Peas
DELI BAR	Jacket Potato With a selection of fillings Wraps, Baguettes	Jacket Potato With a selection of Fillings Pasta with Tomato & Basil sauce / Baguettes	Pasta with Tomato & Basil Sauce Jacket Potato with a selection of fillings Various wraps	Jacket Potato With a selection of Fillings Pasta with Tomato & Basil sauce / Baguettes	Jacket Potato With a selection of fillings various wraps
SANDWICH	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise/Egg mayo	Baguette with your choice of filling Ham / Cheese / Tuna Mayonnaise/Egg Mayo	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise/Egg Mayo	Baguette with your choice of filling Ham / Cheese / Tuna Mayonnaise/Egg Mayo	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise/Egg Mayo
DESSERTS	Chocolate Cookie With Apple Slices	Iced Sponge & Custard	Vanilla Ice-Cream with Fresh Fruit	Shortbread & Apple Slices	Fruity Friday

AVAILABLE DAILY:

Wholemeal Bread, Fresh Salad Bar, Water,
Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.



Week Two Menu

Served weeks commencing:



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Fish Fingers Served with Chips Beans, Peas and Tomato Ketchup	Beef Burger in a Bun with Potato Wedges Broccoli & Sweetcorn	Roast Chicken with Roast Potatoes Green Beans, Carrots & Gravy	Beef Lasagne Served with Sweetcorn & Cauliflower	BBQ Chicken served with Rice Carrots & Peas
VEGETARIAN	BBQ Mixed Vegetable Wrap Served with Rice Chips Peas & Carrots	Vegetable Burger in a Bun with Potato Wedges Peas & Cabbage	Quorn Fillet with Roast Potatoes Green Bean, Cauliflower & Gravy	Veggie Nuggets served with Jacket wedges & sweetcorn	Cheese & Tomato Pizza Served with Diced Potato, Carrots & Peas
DELI BAR	Jacket Potatoes With a selection of fillings Pasta with Tomato & Basil Sauce Various Baguettes	Jacket Potatoes With a selection of fillings Various Baguettes	Jacket Potatoes With a selection of fillings Pasta with Tomato & Basil Sauce Various Baguettes	Jacket Potatoes With a selection of fillings Various Wraps	Jacket Potatoes With a selection of fillings Pasta with Tomato & Basil Sauce Various baguettes
SANDWICH	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise /Egg mayo	Baguette with your choice of filling Ham / Cheese / Tuna Mayonnaise/Egg Mayo	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise /Egg Mayo	Baguette with your choice of filling Ham / Cheese / Tuna Mayonnaise/Egg Mayo	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise /Egg Mayo
DESSERTS	Flapjack & Orange Slices	Jam Sponge & Custard	Shortbread with Apple slices	Apple Crumble & Custard	Fruity Friday

AVAILABLE DAILY:

Wholemeal Bread, Fresh Salad Bar, Water,
Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.



Week Three Menu

Served weeks commencing:



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Fish Fingers Served with Chips Beans, Peas & Tomato Ketchup	Chicken & Vegetable Noodles Served with Sweetcorn	Roast Chicken Served with Roast Potatoes, Green Beans, Carrots & Gravy	Cottage Pie Served with Cauliflower & Sweetcorn	Sausage Pasta in a Tomato & Basil Sauce Served with Carrots & Peas
VEGETARIAN	Vegetarian Lasagne served with peas & Sweetcorn	Vegetable Noodles served with Broccoli & Sweetcorn	Roast Quorn Fillet with Roast Potatoes, Green Beans, Carrots & Gravy	Vegetable Nuggets served with potato wedges & Sweetcorn	Cheese & Tomato Pizza Served with Diced Potato, Carrots & Peas
DELI BAR	Jacket Potato with a selection of fillings Pasta with Tomato & Basil Sauce Various Baguettes	Jacket Potato with a selection of fillings Various wraps	Jacket Potato with a selection of fillings Pasta with Tomato & Basil Sauce or Baguettes	Jacket Potato with a selection of fillings Various wraps	Jacket Potato with a selection of fillings Pasta with Tomato & Basil Sauce Various baguettes
SANDWICH	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise /Egg mayo	Baguette with your choice of filling Ham / Cheese / Tuna Mayonnaise /Egg Mayo	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise/Egg Mayo	Baguette with your choice of filling Ham / Cheese / Tuna Mayonnaise /Egg Mayo	Sandwich with your choice of filling Ham / Cheese / Tuna Mayonnaise /Egg Mayo
DESSERTS	Chocolate Sponge & Custard	Oaty Cinnamon Cookie	Banana Muffin	Chocolate Orange Shortbread & Apple slices	Fruity Friday

AVAILABLE DAILY:

Wholemeal Bread, Fresh Salad Bar, Water,
Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

