

# Welcome to our Reading Café



### Our aims for today –

- ✓ Look at what the research says about reading and its importance
  - ✓ Understand the importance of early reading and phonics
- ✓ Understand the importance of fluency and how you can build this at home
  - ✓ Have a clear understanding of comprehension
- ✓ Give hints and tips of how to get your child reading at home and how to record this
  - ✓ Visit our school library
  - $\checkmark$  Enjoy time spent reading with your child and completing book related activities

# Help yourself to a hot drink and biscuit before we start ©



National Literacy Trust

Change your story

Children and young people's reading in 2024



Change your story

Reading for pleasure among children and young people is in crisis.

Just 1 in 3 children and young people aged 8 – 18 say they enjoy reading in their free time.

Only 1 in 5 children and young people are reading daily in their free time Reading enjoyment has declined across all age groups. The steepest drop in reading enjoyment is among those aged 11 – 16.

The gap between the number of girls and boys who enjoy reading has nearly tripled in the last year.



## Why is there a decline in reading for pleasure?

- Games and online distractions
- Rise in social media
- Finding books boring
- Lack of time
- Not being read to from an early age by adults (at home and school)
- Seeing reading as a process for learning rather a pleasure activity
  - 'Reading for pleasure' is being confused with 'literacy' by many parents at home who commonly don't realise that the more it's pushed as a school subject, the less likely a child is to choose to do it. In the school environment, the national curriculum focuses on reading skills above reading pleasure. However, when pleasure drives reading, children achieve more.

# Why is reading for pleasure vital?

A growing number of studies show that promoting reading can have a major impact on children and adults and their future. Upon reviewing the research literature, Clark and Rumbold (2006) identify several main areas of the benefits to reading for pleasure:

- Reading attainment and writing ability;
- Text comprehension and grammar;
- Breadth of vocabulary;
- Positive reading attitudes;
- Greater self-confidence as a reader;
- Pleasure in reading in later life;
- General knowledge;
- A better understanding of other cultures;
- Community participation; and
- A greater insight into human nature and decision-making.





## Impact of reading



## Why Your Child Can't Skip Their **20 Minutes of Reading Tonight**

ames

**Travis** 

reads 20 minutes per night, 5 times per week





reads only 4 minutes per night ...or not at all

In one week:

100

minutes of reading





20

minutes of reading

In one month:

400

minutes of reading





80

minutes of reading

In one school year (9 months):

3600 minutes of reading





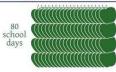
720

minutes of reading

By the end of eighth grade:

28.800

minutes of reading



How do you think each student will feel about himself as a learner?



5760 minutes of reading

**GREER GENIUS** 

Which student would you expect to read better? Which student would you expect to know more? Which student would you expect to write better? Which student would you expect to have a better vocabulary? Which student would you expect to be more successful in school and life?



# Impact of reading

Amount of reading	20 mins	5 mins	1 min
Number of minutes per year	3600	900	180
Number of words per year	1.8 Million	282,000	8000
Hours read by the end of primary school	851	212	42
Performance on tests	90%	50%	10%



## Reading from an early age and securing phonics

- Reading from an early age is important as research shows that if children are not secure and fluent readers by Year 2, it is very difficult to then develop a love of reading going forward.
- In order to get children fluent in reading, their phonic knowledge must be embedded within EYFS and KSI.
- Read to children from day zero!

## **Brain Development**

Babies are born learning. From birth to age 3 are critical years for the development of language skills that are foundational for future learning success.

Parents are a child's first and most important teacher.

## Knowledge

Books are a pleasure, yes, and they are also informative. You and your child can learn something new when you read aloud.



Why Read Aloud?

### Language

The number of words that a child knows when he or she enters kindergarten is the most important predictor of a child's success or failure.

Reading aloud grows your child's vocabulary and introduces many words and concepts that you might not use in everyday conversation.

### **Love of Reading**

Parents that read aloud demonstrate that reading is important, that reading is pleasurable, that reading is valued.

### **Bonding**

Is there anything better than sharing a good book with a child in your lap?

### **Literacy Skills**

Vocabulary. Phonics. Familiarity with the printed word. Storytelling. Comprehension.

Reading aloud is invaluable for building literacy skills.

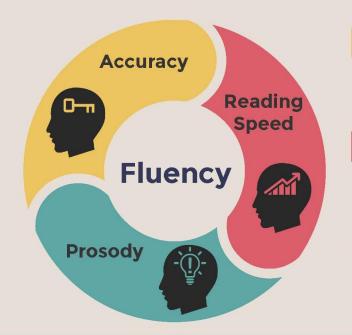


# What is fluency and why is it important?

- Fluent reading supports reading comprehension.
  When pupils read fluently, their cognitive resources
  can be redirected from focusing on decoding and
  onto comprehending the text. For this reason,
  fluency is sometimes described as a bridge from
  word recognition to comprehension.
- Basically, if the brain's processing power isn't being used up by working out how to read a word, it can concentrate on understanding and enjoying the text.

## What is Fluency?

## Oral reading fluency includes 3 parts.



#### **Accuracy**

Reading with few errors.

#### **Reading Speed**

The rate at which a student reads.

#### **Prosody**

The skill of reading aloud with proper intonation, phrasing, and expression.

Why should we focus on Fluency?

Fluency is not an end in itself but a critical gateway to comprehension. Fluent reading frees cognitive resources to process the meaning of what is being read.



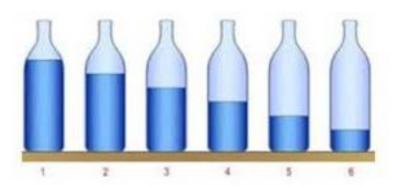
# What is fluency and why is it important?

- For a child to be fluent, phonic knowledge is important.
- When a child is fluent, we can focus on understanding and comprehension.
- When comprehension is secure, the child will enjoy what they read.

• Secure phonics and fluency all reduce cognitive load.

## The Comprehension Bottleneck

The liquid inside the bottle represents cognitive load required for decoding. Where there is too much decoding, there will be a bottleneck in comprehension.



# Three ways you can help build fluency at home...

- I. Read and follow the adult reads the text and the child follows along with their finger. This helps the child with word recognition and models to them how they should read with fluency.
- 2. My turn, your turn take turns reading a page or a paragraph. Here you are modelling how to read with fluency, flow and expression.
- 3. Echo Reading as you read, the child copies. It is important here to pace yourself and read at a rate that your child can keep up with.



# What is comprehension?

- This refers to the understanding of a text.
- There are cases of where children are able to read thanks to secure phonics knowledge and the ability to decode but do not understand what they have read.

### COMPREHENSION SKILLS

#### DEFINITION

Comprehension skills are cognitive capabilities that allow individuals to process and understand written or spoken information. They encompass a range of abilities, from identifying main ideas and supporting details to making inferences and drawing conclusions. Mastery of these skills is essential for effective reading, listening, and overall communication.

#### EXAMPLES

- Summarizing
- Paraphrasing
- Drawing Conclusions
- Sequencing Events
- Ranking Information
- Recognizing Author Purpose
- Interpreting Figurative Language
- Identifying Cause and Effect

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# What you can do to help develop comprehension...

That's something lacking in a lot of modern-day families – just talking. It's almost a lost art form.

Ryan Kwanten

- Comprehension of the world will develop comprehension in reading...
- Ways you can develop comprehension
  - Talking a lot at home... about everything
  - Develop cultural capital by going out (this does not have to cost money)
  - Reading together and discussing books together
    - Why do you like this book?
    - What do you think will happen next?
    - What do you think about this character?



## How to encourage independent reading at home

- Having books that the child owns
- Using the library to help build variety
- Exposing children to texts beyond novel. E.g. comics, magazines, non-fiction books
- Taking control of screens reading first and then screentime
- Show that you love reading... even if you have to fake it
- Give children books that matter to them (BAME authors and characters, texts that excite them)
- Reward reading



# Recording reading at home



- At Rakegate we use Boom Reader an online version of a reading diary to record reading at home.
- It can be accessed on any device....mobile, tablet or computer
- Each child has a log in where you can gain access and log your child's reading at home. Staff in school will also record when children have read with us in school.
- The log ins should have been given to you by your child's class teacher alongside the school code.
- Parents and children can link themselves to the account and they can both record reading.
- Let me show you an example.....

<u>Boom - Teacher Portal</u>



# Any questions?





# Sit back, relax and enjoy some time reading with your child....



